

Step-by-Step: Emptying Your Urinary Catheter Bag

Emptying Your Urinary Catheter Bag.

Wash your hands with soap and water for at least 20 seconds.

Empty the leg bag when it becomes half full.

Detach the bottom strap of the leg bag.

Hold the tube over the toilet, or a measuring container, if needed. Open the valve. Don't touch the tip of the valve with your hands or the toilet rim.

Empty the contents of the bag into the toilet.

Clean the tip of the valve with an alcohol wipe.

Close the valve.

Reattach the bottom leg strap.

Wash your hands again with soap and water for at least 20 seconds.