

Patient Stories: Ronnie, Being Diagnosed with Heart Failure

Just feeling real bad, feeling tired, kind of sluggish. And when the heart got to fluttering, didn't know what was going on. You know, it was kind of like go into some crazy rhythm.

Like I need to get to the hospital and get this checked out.

The ER doctor came in and said, you know, you're having trouble with your heart and we want you to go see a cardiologist. And I went to see him, and that's when I was diagnosed with heart failure.

Oh, it hit like a ton of bricks. You know, like, "Heart failure?! I don't want to have heart failure." You know what I mean? That's your ticker! So yeah, it hit like a ton of bricks.

A lot! A lot of medications. You know, some to control the rhythm, some to strengthen the heart.

I would plan it out for the week. Have a weekly planner. And every week me and my wife would sit down and we would put all the medication in. And that way in the morning times I do is just grab a little packet, and I was ready to go.

I got this management plan, you know, to where I just got to stick with it. You know, do what the doctors tell me. Read my labels, eat correctly, exercise and everything else will fall in place. So yeah, I feel a lot better than I did when I first was told, you know, "You got heart failure."