

Pre-Procedure: Gallbladder Surgery

If you're worried about your upcoming gallbladder surgery, that's absolutely normal. After all, you don't have surgery every day.

To help ease your mind, focus on this. Surgery will relieve pain and other symptoms related to your condition so you can get back to enjoying life. That's sure to make you smile.

Knowing what to expect with the surgery can also help you feel less anxious and better prepared.

Here are the facts behind some common concerns about gallbladder surgery.

How will I feel after surgery? You'll likely have some pain. How much is hard to predict. Everyone is different.

The good news, any discomfort will get better over time, and your care team is well-equipped to help you manage it.

Pain control options have come a long way over the years. Talk with your healthcare provider beforehand of the best ways to ease your pain.

How safe is the surgery? All surgeries have some risks, like the chance for an infection or a blood clot. With gallbladder surgery, other risks include developing a hernia or bile leaking into your stomach. Keep in mind, these events are rare.

Your care team has done lots of these surgeries, and knows exactly how to keep you safe and healthy. You can do your part too by following all pre- and post-surgery instructions. And if you have any questions, ask away.

What about the general anesthesia?

Millions of people have general anesthesia every year without any trouble. Your anesthesia provider is well-trained in keeping you safe and pain-free while you sleep during surgery.

You have an important role to play too in reducing your risk for any problems related to anesthesia.

When talking with your care team, be open and honest. Tell them about all the medicines you take, including herbs and supplements.

And be sure to share any alcohol or drug use. That way, your care team can make the best decisions about your treatment.

Still have questions or concerns? Your care team is here to help. Get in touch to learn more about what you can do to make your surgery a success.