

Partnering with Your Health Care Provider

Now, a Health Minute.

You are the most important member of your healthcare team. To get the best care possible, partner with your healthcare provider.

This means finding a healthcare provider who believes in making decisions about your health together. Tell them that you want to be involved in every decision about your care and make sure you understand every test that is ordered.

Remember, you and your healthcare provider are equal partners in your care. Find a provider who you trust, and who has your best interest at heart.