

A Closer Look at Mammograms

Now, a Health minute.

A mammogram is an important screening tool used to look for early signs of breast cancer.

A mammogram is an X-ray picture of the breast.

You should get a mammogram every other year starting at age 40 and keep getting screened through age 74.

On the day of your mammogram, don't wear deodorant, perfume, or powder. These products can show up as white spots on the X-ray.

For more information on mammograms, go to cdc.gov.