

# Step-by-Step: Using a Nebulizer

Using a Nebulizer. Wash your hands with soap and water for at least 20 seconds. Twist the top of your medicine cup. Remove the top of your medicine cup.

Pour the correct amount of medicine into the chamber. Place the top back on your medicine cup and twist it closed.

Attach the face mask to your medicine cup. Attach the hose to the nebulizer. Attach the other end of the hose to the medicine cup.

Place the face mask on your head, making sure it fully covers your mouth and nose. Secure the straps on the back of your head.

Turn the nebulizer on. Holding the medicine cup, begin breathing. Remove the face mask and wash your face and mouth with warm water.

The contents of this video/website are for information purposes only. Nothing contained in this video/website is intended to substitute for medical advice, diagnosis, or treatment. If you have any healthcare related concerns or questions, you should seek the advice of your physician or other qualified healthcare providers. You should never disregard or discount the importance of professional medical advice because of something you have read or seen on this video/website. You should never delay seeking treatment or advice for a medical condition because of something you have read or seen on this video/website.