

Step-by-Step: Going Through a Door with Crutches

Going Through a Door with Crutches. Push door. Push down the doorknob and shove the bottom of your crutch against the door in order to slightly open it.

Push the door fully open by shoving it with your crutch. Turn to face the doorframe and begin moving through.

Pull door. Place your hand on the doorknob. Push it down and pull the door open slightly.

Push the door the rest of the way open by shoving it with your crutch. Turn to face the doorframe and begin moving through.

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