

Step-by-Step: Giving an Emergency Dose of Narcan for Opioid Overdose

Giving an Emergency Dose of Naloxone for Opioid Overdose.

Dial 911 on your phone.

Open the package containing the naloxone nasal spray.

Put your thumb on the bottom of the plunger and your index and middle fingers on either side of the nose piece.

Tilt the head up of the person who is to get the naloxone dose. Put the nasal spray nozzle into one of their nostrils at a straight angle.

Give the dose of nasal spray by fully pushing down on the plunger.

Roll the person onto their side.

If there is no response from the person after two to three minutes, give them a second dose.