

Step-by-Step: Changing Your Baby's Diaper

Changing Your Baby's Diaper. Place an opened clean diaper face up on the changing table. Place your baby still in their previous diaper on top of the clean diaper on the changing table.

Lift the tabs on both sides of the used diaper on your baby. Pull the diaper off by lifting your baby's legs in the air and grabbing the bottom of it.

Slide it out from under their backside. Close the used diaper, folding it so any urine or stool is contained. Dispose of the diaper. Use a wipe to thoroughly clean the genital area and backside of your baby.

Pull the front of the clean diaper through their legs and up over their stomach. Fasten the tabs on either side of the diaper, by using one hand to hold the diaper in place, while the other pulls the tabs and attaches them to the front.

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