

Step-by-Step: Changing a Surgical Wound Dressing

Changing a Surgical Incision Dressing. Have trash nearby. Before you begin wash your hands with soap and dry them well. Clean the surface you will be using and lay down a clean cloth. Gather up supplies on the cloth.

You will need two pairs of gloves. Open the gauze, but don't take it out. Touch only the packaging. Measure and cut the tape to the size needed. Put on gloves. Gently peel off the old dressing starting at a corner.

Peel up one corner at a time. Peel towards the incision only. Throw away the old dressing. Remove and throw away the gloves. Wash and dry your hands again. Put on a clean pair of gloves.

Clean around the incision. Clean the incision. Remove the gauze from the package touching only the corners. Place it over the incision. Tape the gauze to the skin.

Remove and throw away the gloves. Wash your hands again.

The contents of this video/website are for information purposes only. Nothing contained in this video/website is intended to substitute for medical advice, diagnosis, or treatment. If you have any healthcare related concerns or questions, you should seek the advice of your physician or other qualified healthcare providers. You should never disregard or discount the importance of professional medical advice because of something you have read or seen on this video/website. You should never delay seeking treatment or advice for a medical condition because of something you have read or seen on this video/website.