



American
Heart
Association.

VETERANS AT RISK:



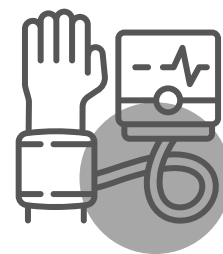
CVD prevalence among active
duty military and veterans



Among **VA patients**,
those diagnosed with
**Post-Traumatic Stress
Disorder (PTSD)** were

41% more
likely
to develop
circulatory and
heart disease

<https://www.sciencedaily.com/releases/2019/02/190213081642.htm>



A **diagnosis of PTSD**
and/or a more severe
injury can more
than **double a
veteran's risk for
high blood pressure.**

<https://doi.org/10.1161/HYPERTENSIONAHA.117.10496>
<https://www.ahajournals.org/doi/10.1161/HYPERTENSIONAHA.117.10496>
<https://news.heart.org/war-injury-ptsd-linked-to-risk-of-high-blood-pressure/>

**MORE
THAN 18%**

of **active duty personnel** serving in the U.S. Armed Forces
between 2007 and 2016 were **diagnosed with at least one
CVD risk factor** including:



OBESITY



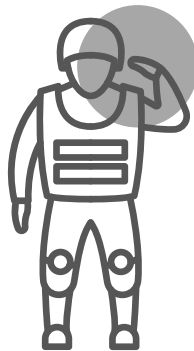
HYPERLIPIDEMIA



HYPERTENSION



**DIABETES AND
ABNORMAL BLOOD GLUCOSE**



**Veterans report higher
rates of CVD conditions
than nonveterans.**

Veterans also reported higher
numbers of CVD conditions at
younger ages (ages 25 - 70) than
nonveteran counterparts. At older
ages (ages 70 - 85 years).

<https://www.jabfm.org/content/jabfp/32/1/50.full.pdf>

VETERAN STATUS ALONE
may contribute to the risk
of developing **CVD.**

Veterans have **increased
risk for developing
new-onset heart disease.**

<https://www.ncbi.nlm.nih.gov/pubmed/25013689>

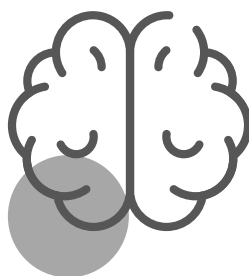


AMONG U.S. VETERANS,
approximately

6,000

hospital admissions each
year are **attributable
to ischemic strokes.**

<https://www.hsrd.research.va.gov/news/feature/stroke.cfm>



WOMEN VETERANS
have a high prevalence of CVD
risk factors including **hypertension,
obesity, depression and PTSD.**

<https://www.ahajournals.org/doi/10.1161/CIRCULATIONAHA.118.037748>