

# Unnecessary Prescriptions for Antibiotics

Now, a health minute.

When you get sick, oftentimes you want a medication to take action quickly to get you back to your daily life – like an antibiotic.

But antibiotics only treat bacterial infections, they don't work against common viruses like colds or the flu.

Prescribing antibiotics for a viral illness, can do more harm than good and lead to antibiotic resistance.

Antibiotic resistance means the germs have become more powerful than the medications designed to fight them.

Infections caused by antibiotic resistant germs are difficult to treat and may require time in the hospital.

Do your part to fight the rising problem of antibiotic resistance.

Let your healthcare provider prescribe the correct medication, and when you need to let an illness run its course, do just that – give your body the rest it needs.