

# Where Does MRSA Come From?

Now, a Health Minute.

MRSA or M.R.S.A is a type of staphylococcal bacteria that can cause skin infections, pneumonia or in more serious cases, sepsis.

These infections are more difficult to treat because they don't respond to most antibiotics.

MRSA can be passed on very easily from person to person.

The MRSA bacteria lives in some people's noses but it can also live in cuts, scrapes and sores.

This makes it easy for Staph to be transmitted from person to person because we touch our noses all the time without thinking and then we touch other people or objects.

Washing hands regularly or using hand sanitizers can lower the risk that MRSA will spread.

And keep a cut or wound clean and bandaged until it is fully healed.