

When to call the Doctor: Asthma Flare-Up

Whether you have just been diagnosed with Asthma, or have been living with it for years, it is important to know when to call the doctor to get the help you need.

One: Call your Doctor if you experience symptoms that don't go away after using your rescue medication such as: coughing, shortness of breath, tightness in your chest, or wheezing.

Two: Call your Doctor if you notice you are having more symptoms than usual. You might need your medication changed or have developed a new trigger.

Three: Call your Doctor if you notice that your rescue inhaler is running low on dosage. It's important to always have it in case you need it.

But call 911 right away if you notice any severe symptoms of an asthma attack such as: a blue coloring in your lips, fingers or face; fast breathing; severe shortness of breath; peak flow readings in the red zone; your symptoms don't improve after taking your rescue medication.

These all could be signs of a medical emergency. Get help right away.

When you have Asthma, call the doctor:

If you experience asthma symptoms that don't go away with your rescue medication.

If you are having more symptoms than usual.

If your rescue inhaler is almost out.

And call 911 for a medical emergency or serious complication.