

# Finding Help for Addictions

Overcoming addiction takes personal strength but also help from others with special training in addiction recovery.

If you or a loved one is looking into a treatment program for drug or alcohol abuse, the Department of Health and Human Services can help you find a treatment facility in your area.

Find the right facility... residential treatment centers, hospital in- patient programs, and outpatient treatment providers all can treat alcoholism, alcohol dependence, and drug problems.

To reach people that can help, visit [findtreatment.gov](http://findtreatment.gov). Or call 1 800 662 HELP.