

What is an ECG?

An Electrocardiogram (also called an ECG) is a test that shows the heart's electrical activity.

This test can help determine if you have heart disease, an abnormal heart rhythm, poor blood flow to the heart, or signs of heart attack or heart failure.

During an ECG, electrodes are placed on your body with patches. These are connected to a monitor by wires.

During the test you will breathe normally.

The readings of your test will show up on the monitor for the technician to read.

An ECG is not a treatment. It's a test to help identify any problems so you and your healthcare provider can work together on your treatment plan.

Following your ECG, your healthcare provider will review the results and meet with you to discuss your next steps.