

Combination Diabetes Medications: Duetact

When you have Type 2 Diabetes, you may be prescribed a combination medication to help manage your diabetes.

The combination medication Duetact helps your pancreas release more insulin and helps the cells of your body become more sensitive to insulin.

To see how this medication works, let's see what happens when you eat.

Most food changes to glucose, a form of sugar. Glucose enters the bloodstream causing your blood glucose level to rise.

In response to this rise in glucose, the pancreas releases insulin. Insulin works like a key to open the cells and let glucose enter.

The glucose is used for energy now or it is stored in the cells for later use.

As insulin works to move the glucose out of your bloodstream and into the cells, your blood glucose level drops.

In many people with Type 2 Diabetes, the pancreas does not release enough insulin.

And the cells cannot use the insulin that is released. This is called insulin resistance.

Both cause your blood glucose level to stay high.

Duetact helps your pancreas release more insulin and helps your cells become more sensitive to insulin. This makes it possible for your cells to open up and take in glucose removing it from your bloodstream and lowering your blood glucose level.

Take Duetact once a day with your first meal.

Common side effects of Duetact include cold-like symptoms, headaches, weight gain and hypoglycemia also called low blood glucose, and swelling.

If you have any side effects, let your diabetes care team know about them. However, do not stop taking your diabetes medication unless you are told to do so.

The health of your liver and kidneys should be checked before you start taking Duetact, and as needed while you continue to take them.

There may not be one single reason why your blood glucose is high, so taking a diabetes medication that combines 2 treatments into one pill can be beneficial to you, your blood glucose and your overall health for the future.