

Patient Safety: Speak Up While You Are in the Hospital

Hospitals can make you nervous.

Rest assured. Every member of the hospital staff is working to ensure you have a safe and successful stay.

Follow this checklist to do your part to help reach this goal.

Do: Tell the hospital staff about any medications you take; including over-the-counter medications, herbal products and supplements.

Do: Let the hospital staff know about any allergies you have.

Do: Be honest about your lifestyle, or history of falling.

Do: Let the hospital staff know if you have an Advance Directive (Living Will or Healthcare Power of Attorney).

Do Not: Try to hide things that you might be embarrassed about.

Do Not: Be scared to ask any questions you may have. It is your body... be comfortable with the care being given.

Be an active member of your own care and follow this checklist while in the hospital to stay safe while you heal.