

Today's Health Tip: Symptoms of a Heart Attack

If you recognize the symptoms of a heart attack, get help!

Feelings of squeezing, pressure, or stabbing pain, pain or discomfort in the shoulder, chest, arms, back, neck, jaw, or stomach, fast or irregular heartbeat, shortness of breath, indigestion, nausea, or vomiting - All can be signs of a heart attack.

If you think you are having a heart attack – call 911 immediately!