

# Antiarrhythmic Medications

Now, a health minute.

When the heart is beating in a rhythm, called sinus rhythm, it is working normally and beats an average of 100 thousand times a day.

When the heart has problems keeping this sinus rhythm, it's called an arrhythmia, an abnormal rhythm.

Certain, not all arrhythmias, may lead to life threatening problems which may increase risk of heart attack, heart failure or stroke.

These Arrhythmias may be treated with antiarrhythmic medications, to keep the heartbeat in a normal rhythm.

This type of medication may be required long term.

Discuss concerning side effects with your doctor before starting the medication. If you do have a side effect, call your doctor right away, as you may require urgent medical assistance.

Do not stop taking antiarrhythmic medications without talking to your healthcare provider first.

Understanding what to expect and watch for is key when you start antiarrhythmic medications.

Follow your medication directions to do all you can to make sure your heart doesn't miss a beat.