

What's That Mean? – Priming a Metered Dose Inhaler (MDI)

If using a new MDI for the first time, or if it has not been used for a few days, you need to “prime” the MDI to make sure the right amount of medicine is given.

First, remove the cap from the MDI.

Next, shake the inhaler.

Then, spray in the air away from you, usually one or two puffs.

Different inhalers have different priming instructions. The instructions that come with your MDI will tell you how many times it must be primed.