

NG Tube Insertion

Maru Neutrina, we're not reading you. Will you check your transponder please?

Neutrina Um...okay, how's that?

Lucy I always said you had a "special touch" when it comes to technology!

Dr. Gimble Neutrina, could you please make your way down to the stomach?

Neutrina I'm on my way.

Neutrina Okay everyone, I'm switching to camera mode. Wow! Are you guys seeing this?

Maru We see it. No wonder she's not feeling so good.

Neutrina I really think she'll feel better once we get all of this air and fluid out of her belly.

Dr. Gimble Agreed.

Lucy Today, we're here to talk about NG tube insertion.

Neutrina Sometimes you have stuff in your stomach that's got to come out...like too much air or fluid. And, sometimes, you might need a little help getting stuff into your stomach...like food or medicine.

Maru Now, to get things into or out of your belly, your doctor may want to insert a tube like this one.

Maru This is what we call an NG tube.

Dr. Gimble Nasogastric -- or NG -- tubes are "bendy" tubes that go from the nose to the stomach.

Lucy When getting an NG tube, the most important thing you can do is keep your body still.

Lana You know, keeping still is really hard for me. What if I just keep a little still, like this?

Lucy No...you need to be more still than that.

Lana How about this?

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Lucy No, that doesn't work either! Chron, maybe you should demonstrate.

Chron The most important thing you can do is to keep your body still. Just feel your body floating on an ocean of peace. That's right. Just take nice deep breaths and let your body relax. The most important thing you can do is just keep your body still...

Dr. Gimble The tube is usually dipped in a special numbing medicine so you won't feel it as much.

Chron It'll make the tube go down easier if you swallow. Taking a sip of water sometimes helps.

Lucy Once the tube is in place, we'll put tape on your cheek to keep it from moving.

Lana Because if it comes out, well...we're going to have to put it back in. So it's really important that you don't pull it out.

Dr. Gimble All kids can still play when they have an NG tube, and most kids can eat when they have one too. Your doctor or nurse will let you know if it is okay to eat.

Neutrina And that's what you should know about NG tube insertion.

Chron Now, I hope we answered all your questions, eh.

Lucy But if not...

All Just ask!