

Brain Waves

Announcer It's time for...What's That Mean?

Announcer Today: Brain Waves

Lumina Your body is an amazing thing! But to me, the most amazing part of all is your brain.

Lumina Every thought you have, every emotion you feel, and almost every movement you make is the result of electrical pulses in your brain.

Neutrino These electrical pulses are created by something called neurons, or nerves. Scientists call these pulses "neural oscillations" -- but you've probably heard them called "brain waves."