

# Incentive Spirometer

Announcer It's time for...What's That Mean?

Announcer Today: Incentive Spirometer

Chron Your lungs need extra exercise after surgery...

Chron ...so you may be given a pinwheel...

Chron ...or bubbles...

Chron ...or an incentive spirometer to breathe in with. And you know, blowing or breathing in with these instruments exercises your lungs.