

Metered Dose Inhaler

It's time for "What's That Mean?" Today....

One of the ways to take your asthma medicine is to breathe it in from an "inhaler," which some people call a "puffer" or an "MDI."

MDI? What's that?

"Metered Dose Inhaler." That just means the inhaler delivers a certain amount of medicine each time.

Clapping