

Maintenance Medicine

Most maintenance medicine also comes as an inhaler or puffer. This one is a "steroid."

Steroids? I don't want my kid on steroids!

No, these aren't like those bad steroids you might have heard about in the news.

Steroids for asthma calm inflammation in the lungs and can keep attacks from starting.

We use this kind of steroid all the time for asthma. They're very helpful.