

Fractures

How do you know you might have a fracture?

The signs that you might have a broken bone and need a cast are swelling, pain, and difficulty moving the area of your body where the break is. Sometimes, it hurts so bad it'll make you sick to your stomach, but sometimes it barely hurts at all.

How do you know if your broken bone is healing properly?

If it starts to hurt more or becomes numb, you should go to your doctor right away. ("Numb" is when you lose the feeling, sometimes it feels kind of prickly.) If you have swelling where it gets all puffy, or if your fingers or toes turn blue, then go back to your doctor immediately!