

Premature Newborn Care: Reflexes

You will soon see that your early born baby is capable in many ways. She has reflexes like sucking, which she uses to comfort herself. And even now, he can shield himself from some of the stimulation that surrounds him. And, no matter how small your baby is, he knows you and how important you are to him.

Watching your baby closely, you will see her use her abilities to feel more comfortable. For instance, he might close his eyes or cover his ears to protect against stimulating light and sound.

As she matures, you will notice your baby tucking her legs and bringing her arms to the middle of her chest. By gathering herself up like this, your baby returns to the position she knew throughout pregnancy. She is also regulating her temperature, keeping herself warm.

Your baby's development of some reflexes may be delayed, or they may retain the reflex for longer than average. As your baby grows and develops, her reflexes will get stronger each day.