

Finding Help with Medications Costs

A common obstacle people face when trying to take their medications as directed is cost. The following checklist can help you save money on your medications, so you can take them as prescribed.

Do: Always ask if a generic medication is available for your medicine. Your healthcare provider may be able to prescribe a generic version of your medication for much less.

Do: Shop around. A lot of national pharmacy chains offer many generic medications at big savings. Compare costs on their websites. Popular club stores also have lower medication prices.

Do: Look at what your insurance covers. Sometimes your insurance may cover a different medication that does the same thing. Or pay more if you use a mail order medication supply service.

Do: Ask your healthcare provider about splitting pills. You may be able to receive a higher dose of medication that you can split. A prescription in a higher dose is usually comparable in price to a lower dose so your savings can be substantial.

Do: Make sure you understand how to split your medication safely and effectively. Not all pills can be split, so work with your provider and pharmacist.

Do: Check with your healthcare provider or pharmacist to see if you qualify for a low-cost program. You may be able to save money just by asking.

Taking your medications as prescribed is important for your long-term health. Paying for medications can be challenging - follow this checklist to help lower the cost of your medications so you can take them as prescribed.