

When can my friends and family visit my baby in the NICU?

“Every NICU has their own set of policies. So, each NICU may be slightly different. But in general, both parents are encouraged to visit the NICU at any time of the day. And usually the only time that they may be asked not to visit is when the nurses are having a confidential sign-out. And that sign-out really means exchange of information from one shift to the other. In addition, many families may create a list of members of their family or extended members of the family, or friends, etc. who can visit the baby. And if a person on that list shows up to the NICU they may be able to enter the NICU. It's also important to remember that we keep noise to a minimum in the NICU. So, in general, most NICUs have a limit to the number of people who can visit a baby, and that's usually two to three people at a time.”