

# What is CPAP and how is it used?

*“The methods that we use to help a baby breathe include either use of a ventilator or another apparatus known as a CPAP machine, which stands for continuous positive airway pressure. And what determines whether a baby needs a ventilator, or a CPAP is basically the amount of respiratory distress that the baby is in.*

*Generally, babies who are requiring more support or are in greater respiratory distress will require ventilators, and often times then those babies can be weaned to a CPAP machine as they continue to improve.”*