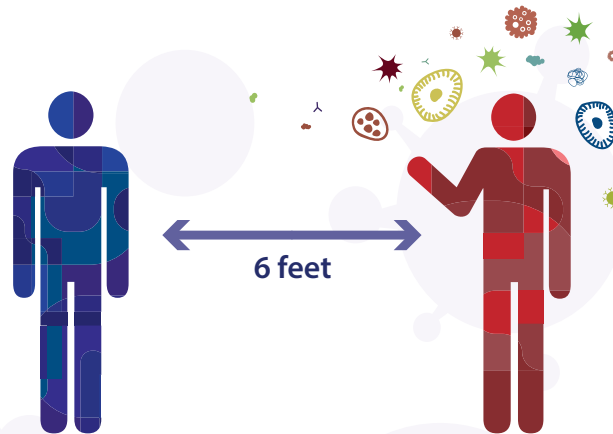


Social Distancing: Community Strategies to Reduce the Transmission of Novel Coronavirus

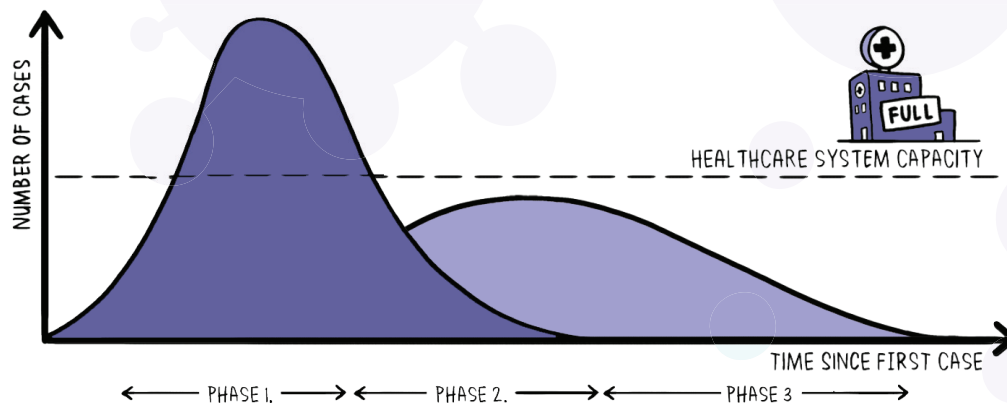
Social Distancing

A conscious effort to reduce close contact between people to prevent community transmission of the coronavirus.



Flatten the Curve

If the coronavirus infection spreads too fast, our health care system may not have enough space or supplies to take care of the patients. Together, we can help flatten the curve! By adopting proper hygiene practices and social distancing, we can slow down how fast coronavirus spreads.



Wash Your Hands

Wash your hands often. Basic hand hygiene is the easiest and most effective method to prevent the spread of coronavirus.



Work from Home

Whenever there is an option, work from home.



Stay Home

No play dates, no large gatherings, keep 6 feet of distance between people if you absolutely must go outside. If it's nonessential, it can wait. You could be saving a life.

Sources:

- NPR: <https://www.npr.org/sections/health-shots/2020/03/17/817251610/its-time-to-get-serious-about-social-distancing-here-s-how>
- Siouxsie Wiles and Toby Morris.
- <https://www.clearias.com/covid-19/>