
Social Drivers of Health: Resource List

Many patients need access to community resources. This list can help you know where to refer them for assistance.

Housing

- Local shelters
- Local housing authority

Food

- Local food bank or pantry
- Meals on Wheels
- Salvation Army
- Supplemental Nutrition Assistance Program (SNAP)
- Women, Infants, Children (WIC)

Transportation

- Council on Aging
- Local public transportation
- Health system transportation assistance
- Health insurance transportation assistance

Finances

- Utility company assistance program
- Rental assistance program
- Salvation Army emergency financial assistance
- Local township trustee
- Supplemental Security Income

Medical care/insurance

- Medicare or Medicaid
- Extra Help or Qualified Medicare Beneficiary
- Health system insurance navigator
- Health system financial assistance

Child care

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- Head Start
 - Faith-based childcare services
 - State child-care assistance
 - Employer or school-based child-care assistance

Exercise classes

- Local library
- Local YMCA or JCC
- Local community center or senior center
- Local parks and recreation department
- Local faith-based organization