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# Discharge Instructions for Kidney Biopsy

You had a procedure called a kidney biopsy. Your healthcare provider used a needle to remove a small piece of tissue from your kidney. The tissue will be checked for signs of damage and disease. A kidney biopsy is done if other tests have shown that there may be a problem with your kidney. A kidney biopsy is also done if a healthcare provider thinks you may have kidney disease or to check for cancer.

## Home care

- Rest for 24 to 48 hours.
- Don't drive for 24 to 48 hours.
- Don't shower for 24 hours. If you wish, you may wash with a sponge or washcloth. When you are able to shower, don't scrub the site. Gently wash the area and pat it dry.
- Remove the bandage from the biopsy site 24 to 48 hours after the procedure.
- Don't lift anything heavier than 10 pounds for 3 to 4 days.
- Ask your healthcare provider when you can return to work. Tell them if your job involves heavy lifting.
- If you take blood-thinner medicine (anticoagulant or antiplatelet medicine) and you stopped taking it a few days before your procedure, ask when you can take it again.

## When to call your healthcare provider

Call your healthcare provider right away if you have any of these:

- Blood in your urine for more than 24 hours after the biopsy
- Unable to pass urine
- Extreme tiredness
- Extreme weakness
- Dizziness or lightheadedness
- Sudden or worse shortness of breath
- Sudden chest pain
- Fever of 100.4°F (38°C) or higher, or as directed by your healthcare provider
- Chills
- Redness, tenderness, pain, or swelling at the biopsy site that gets worse
- Opening up of the biopsy site
- Fluid or bleeding from the biopsy site

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- Overall pain that gets worse, with or without activity
  - Symptoms get worse or you have new symptoms