

Kid Care: Checkups

How often should your child see a healthcare provider? It makes sense to take your child when they are sick. But they also need wellness checkups. During these checkups, your child:

- Will be examined by the provider. They will see how your child is growing and developing.
- Will have routine immunizations. This is to prevent illness.
- May have a mental health screening

At these checkups, you can:

- Ask questions or express concerns about your child's behavior, eating habits, or sleeping patterns
- Discuss your child's social development or any other issues that may be concerning to you

Regular visits help to create trust and a strong bond between you and your child's provider. Take your child to see their provider using the schedule below. Or use the schedule your child's provider gives you.



Sample checkup schedule*

Up to 1 year old	3-5 days, 1 month, 2 months, 4 months, 6 months, 9 months
Ages 1 to 4 years	12 months, 15 months, 18 months, 24 months, 30 months, 3 years, 4 years
5 years and older	Every year

*This schedule is based on advice from the American Academy of Pediatrics. Your child's provider may give you other advice for your child.