

# Use Your Patient Portal

Finding your way through the healthcare system can be a challenge. But you are not alone. Your healthcare team is there to help you. And today you have the power to reach out to them anytime, anywhere. Use your patient portal!

Log in often: To set up your next appointment; In between appointments to ask questions; To refill your prescriptions; And to receive messages and important communications from your healthcare provider. Be an active self-care manager, take control of your health journey.

Use your patient portal to review your lab numbers to know where you stand. Ask questions and find out what you can do to improve them.

The power to connect is in your hands. Find the answers through your patient portal!