

Using an Automated External Defibrillator (AED)

Narrator

Time now for a health for life minute.

You're walking through the airport when suddenly someone collapses next to you. What do you do? First, immediately call for help or dial 911. Second, check to see if the victim shows any signs of life. Is the person breathing? Is there a pulse? Is there an obstruction in the mouth or throat? If there is no obstruction, no breathing and no pulse, quickly look for an automated external defibrillator, usually available in most airports and government buildings. An AED can shock a person who has collapsed due to sudden cardiac death back to life. But if there is a pulse, the AED will not deliver a shock. The device has audio instructions and will talk you through the rescue process. Sudden cardiac death kills in minutes so getting that shock to the patient as soon as possible can be life-saving.

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